

MONDAY



JACK DANIEL'S GRILLED STEAK

TUESDAY



SHEET PAN RANCH PORK CHOPS AND POTATOES

WEDNESDAY



SLOW COOKER KUNG PAO CHICKEN

THURSDAY



PINEAPPLE HAM FRIED RICE

FRIDAY



SUPREME PIZZA SLIDERS



GROCERY LIST

ITEMS YOU PROBABLY HAVE IN STOCK

- 3/4 cup olive oil
- 1/2 cup cornstarch
- 2 tbs. canola oil
- salt and pepper
- 1 tsp. red pepper flakes
- 1/3 cup brown sugar
- 1 tsp. garlic powder

PRODUCE

- 8 cloves garlic
- 2 red bell pepper
- 2 carrots
- 6 onions
- 3 tsp. ginger
- 1 pineapple
- 5 zucchini
- 2 green bell pepper
- 4 scallions
- 2 lbs. baby potatoes
- 1 cup sliced mushrooms
- 1 bunch parsley
- 1 yellow bell pepper

DAIRY & REFRIGERATED ITEMS

- 1 1/2 cups shredded mozzarella
- 36 slices pepperoni

FROZEN FOOD ITEMS

MEAT, POULTRY, PORK & SEAFOOD

- 4 New York strip steaks
- 1 lb. Italian sausage
- 6 boneless pork chops
- 2 cups fully-cooked ham
- 3 boneless, skinless chicken breasts

GRAINS, LEGUMES & PASTA

- 4 cups cooked white rice

CANNED & JARRED GOODS

- 1 1/4 cups soy sauce
- 4 tbs. honey
- 1 tbs. dijon mustard
- 1 tsp. sriracha
- 1 tbs. dijon mustard
- 4 tbs. hoisin sauce
- 1 1/2 cups marinara sauce

MISCELLANEOUS ITEMS

- 1/2 cup Jack Daniel's
- 1 tsp. smoked paprika
- 1 oz. pkg. ranch seasoning
- 6 dried red chili peppers
- 1 tbs. + 1 tsp. oregano
- 12 slider rolls
- 2/3 cup cashews