

MONDAY



CHICKEN ENCHILADA SKILLET

TUESDAY



LEMON RISOTTO

WEDNESDAY



CHIPOTLE BARBECUE LAMB KABOBS

THURSDAY



MEDITERRANEAN CHICKEN & GRILLED VEGGIE SALAD

FRIDAY



JALAPENO POPPER PIZZA



GROCERY LIST

ITEMS YOU PROBABLY HAVE IN STOCK

- ☐ olive oil
- ☐ canola oil
- ☐ cumin
- ☐ butter
- ☐ barbecue sauce
- ☐ chili powder
- ☐ dijon mustard

PRODUCE

- ☐ 1 small zucchini
- ☐ 1 small squash
- ☐ 3 large onions
- ☐ 3 jalapeno peppers
- ☐ 2 green bell peppers
- ☐ 2 red bell peppers
- ☐ 1 (8-oz.) package sliced mushrooms
- ☐ 3 garlic cloves
- ☐ 8 cups mixed greens
- ☐ 2 pints grape tomatoes
- ☐ 3 lemons
- ☐ 2 green onions
- ☐ 1 shallot
- ☐ 1 small bunch cilantro

DAIRY & REFRIGERATED ITEMS

- ☐ sour cream
- ☐ 1 cup parmesan cheese
- ☐ 1 store-bought package pizza dough
- ☐ 2 cups pepper jack cheese
- ☐ 10 ounces hummus
- ☐ 4 slices bacon
- ☐ 8-ounces cream cheese

MEAT, POULTRY, PORK & SEAFOOD

- ☐ 3 lbs. boneless, skinless chicken breasts
- ☐ 3 lbs. boneless leg of lamb or sirloin roast

GRAINS, LEGUMES & PASTA

- ☐ 1 cup arborio rice

CANNED & JARRED GOODS

- ☐ 1 (15.5-oz.) can cannellini beans
- ☐ 1 (32-oz.) box chicken stock
- ☐ 1/4 cup tahini
- ☐ 1 (10-oz.) can diced tomatoes with green chiles
- ☐ 1 (10-oz.) package Fire-Roasted Chile Garlic Sauce by McCormick (or similar)
- ☐ 1 can Chipotle in Adobo

MISCELLANEOUS ITEMS

- ☐ za'atar spice mixture
- ☐ 8 corn tortillas
- ☐ 1/2 cup white wine